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: P V S Q B S U J D J Q B U J P O J T W P D P V O O G W E S F Z B O E M B M M S  
# Z D P N Q M F U J O H U I J T G P S N Z P V H J W F Q F S N J T T J P O U P U I F 6 4 ' 5 0 N S F B T S B G G P J B B W J P D V Q B U  
S J T L T P S C F O F G J U T U P Z P V G P S D B O J D M T Q B G J O E O U W J T T V S W E Z B U I U U Q X X X V T G F E V P N

& R O O D E R U D W

Less than 1 week                      Between 1-6 months                      More than 12 months  
Less than 1 month                      Between -12 months

How well known is this conflict/concern?

Limited to myself                      Small group of 5 or less                      Widespread knowledge  
Only between the 2 of us                      Less than 10 individuals

3. The number of TOTAL hours spent per week on this conflict/concern L Q F O X G L Q J S H U V R Q D

5                      10                      15                      20                      20+

0 \ F X U U H Q W R Y O H U Y D H O O L W W U



My PRIMARY Z R U N S O D I F H resolution style is:

& R Q I O L F W V W \ G H I D H O H U E H K P D R I X R U L W U H I H U V W R K R Z Z H U R Q  
R I R X U S H U V R Q D O D Q G I D P L O \ H [ S H U L H Q F H V F X O W X U D O X S E



L Q E R W K K L J K O \ D V V H U W L Y H D Q G K L J K O \ F R R S H U D W L Y H K  
Z K L O H E X L O G L Q J U H O D W L R Q V K L S V D F U R V V W K H W D E O H L Q F O X C



& R P S U R D U R G H U D W H O \ D V V H U W L Y H D Q G P R G H U D W H O \ F R R S H U D  
W I G H H D O Z K L F K F D Q E H G R Q H E \ P H H W L Q J K D O I Z D \



\$ F F R P P R Q D W



O H D V W F R R S H U D W L Y H O H D V W H P S D W K H W D E H S  
F R Q I O L F W I D Y H H O L M W O H D W W H Q W L R Q G H R O D H I C O D W L R X S B O N S M V E Q Z R C



, I H H O H Q J D J H Z G L W R K Q S H F W





If the conflict/concern continues, how will it negatively impact me?

	1 Low impact	2	3	4	5 High impact
Health and Wellness (stress, loss of sleep, depression, etc.)					
Economic losses					
Damage to reputation					
Formal Complaint(s) filed					
Lawsuit/Litigation initiated					
Productivity declines					
Continued Costs of Conflict					
Relationships weaken (co-workers, family, friends, etc.)					
Work/Life Balance					
Other:					

