

Forensic Peer Support: Research & Implementation Science Perspectives

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Mechanisms & Contributions

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Mechanisms of Peer Support

Sense of community/sense of belonging

- Especially important in the context of stigmatized group identities/experiences
- Criminal justice record – housing & employment

Other psychological variables

- Hope, confidence, positive self regard

Experiential knowledge

- Navigating systems, benefits
- Managing symptoms, substance use
- Social rejection, discrimination

'Connector' and 'bridge' functions

- Clinical > community resources
- Clinical > social/community relationships



Post Incarceration Syndrome (Gorski; Liem & Kunst, 2013)

Institutionalized personality traits

Stem from deprivation experienced during incarceration & the often high threat prison environment

Chronic learned helplessness

Psychological defenses

E.g. behavioral adaptations to deal with threats/coercion/bullying

Social sensory deprivation

Prolonged exposure to solitary confinement

Restricted social contact

Restricted sensory experience

Also valuable parallels 'fup' ^{toto} m0DÀ 0



Organizational Preparation



Training in Other States

GeorgeDBHDD
week long



Performance & Outcomes Monitoring

Fundamental to quality improvement in general

We have to understand problems & gaps in order to address them

Funder driven reporting/monitoring not the same as high quality CQI

The goal is *not* to make the program look good

Measuring individualized goals/priorities & linking goals to peer support relationship(s)

TNSPTRE

People talk about recovery in different ways. One way to think about it is "living a satisfying and hopeful life."

This questionnaire asks about how your worker supports your recovery. The Support section asks about areas that may be important to your recovery and how your worker supports you in these areas. The Relationship section asks about your relationship with your worker.

An important part of my recovery is...

I feel supported by my worker with this...

Please answer all of the questions about...

400 (Open new window)

Support section

Relationship section

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