

**CRUZ, AREANA**

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**Education**

University of Miami- Coral Gables, FL

University of South Florida- Tampa, FL

Served as a principal investigator, project director, and qualitative researcher for projects relating to adolescent substance abuse, parental help-seeking behavior, child welfare systems evaluation, evaluation of managed healthcare, and statewide behavioral health integration initiatives.

Institute for Individual and Family Counseling – University of Miami

Performed counseling sessions, maintained patient files, arranged treatment plans and diagnostic information and executed various therapeutic techniques to provide the patient with the best possible care

Center on Aging - University of Miami, Miller School of Medicine

Served as a research associate for the 'Caring for the Caregiver Network.' Responsible for conducting assessments with caregivers with the Miami-Dade Community. Served as a research associate for a NIH funded R01 Grant on Novel Detection of Early Cognitive and Functional Impairment in the Elderly. Responsible for conducting and scoring Neuropsychological assessments with participants, and

participating in the development of presentations regarding the study.

## Grants

Title: Update of Statewide Directory of Behavioral Health Providers in FL for Children and Adolescents

Role: Principal Investigator

Funding Agency: FL Department of Health

Contract Number: B3BBC8

Amount: \$5,000

Title: Children's Service Array Capacity and Gap Analysis

Role: Principal Investigator

Funding Agency: Casey Family Programs

Contract Number: CFP RY17-0953

Amount: \$28,635

Title: Parental Help Seeking Behaviors

Role: Project Director

Funding Agency: Success for Kids and Families

Amount: \$500

## Publications

Armstrong, M. I., Johnson, M. H., Robst, J., \_\_\_\_\_, Landers, M., & Vargo, A. (2019).

Services Received vs Services Needed by Families in Child Welfare

Systems.

165-181.

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Retrieved from Florida's Center for Child Welfare Website:  
<http://centerforchildwelfare.fmhi.usf.edu/IVEReport.shtml>

Sowell, C., Yampolskaya, S., Lentini, R., \_\_\_\_\_, & Walker, C. (2018).

Rohrer, L., \_\_\_\_\_, Armstrong, M., & Keigher, C. (2017).

Armstrong, M., Rohrer, L., Robst, J., Boothroyd, R., \_\_\_\_\_, Teague, G., Anderson, R., & Madestin, V. (2017).

Tampa, FL: Louis de la Parte Florida Mental Health Institute. University of South Florida.

Vargo, A., Armstrong, M., \_\_\_\_\_, Johnson, M., Landers, M., Robst, J., & Yampolskaya, S. (2017).

\_\_\_\_\_. Retrieved from Florida's Center for Child Welfare Website: <http://centerforchildwelfare.fmhi.usf.edu/IVEReport.shtml>

Armstrong, M., Vargo, A., \_\_\_\_\_, Johnson, M., Landers, M., Robst, J., & Yampolskaya, S. (2017).

\_\_\_\_\_. Retrieved from Florida's Center for Child Welfare Website: <http://centerforchildwelfare.fmhi.usf.edu/IVEReport.shtml>

McNeish, R., Yampolskaya, S., Sowell, C., \_\_\_\_\_, Gilbert-Smith, T., Walker, C., Teague, G., & Hanson, A. (2016).

(Agency for Health Care Administration). Tampa, FL: Louis de la Parte Florida Mental Health Institute. University of South Florida.

Sowell, C., Yampolskaya, S., Walker, C., Lentini, R., & \_\_\_\_\_ (2016).

Vargo, A., Armstrong, M., \_\_\_\_\_, Johnson, M., Landers, M., Robst, J., & Yampolskaya, S. (2016).



