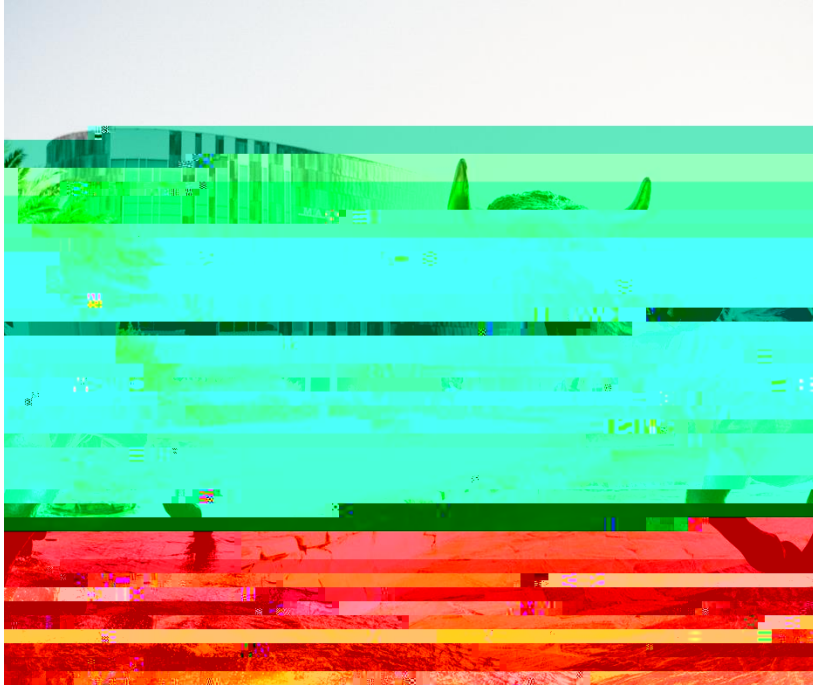


Overview of Service-Learning Project



This project is in collaboration with our community partner, Hillsborough County

Need of Services/Families in Need of Services (CINS/FINS) program

The purpose of this project is to identify constructs of PYD in current CINS/FINS programming and to understand staff perceptions regarding the implementation of an evidence-based framework

Could PYD serve as an adoptable framework for the CINS/FINS program?

At-Risk Youth in Hillsborough County

-17 in

Hillsborough County

Population served by HCCS is primarily families of low SES

Common presenting problems for at-risk youth include:

- Truancy

- Divorce/parental conflict/families in crisis

- Mental health issues

- Tobacco, alcohol, and drug use

CINS/FINS Program

Program aims: Statewide program in Florida that provides services to support and strengthen at-risk children and families.

Program structure: Outpatient counseling program, residential respite program

Services

Program Cost: All services and referral services are provided free of charge



Positive Youth Development Theory (PYD)

Strengths-based approach to youth programming

Considers how external factors support or hinder youth development

Aims to better understand youth experience and how settings and youth interact and influence each other

Emphasizes a supportive and engaging approach instead of a correctional one

Research suggests...





Increase protective factors

Successfully transition to adulthood

Improve social and emotional outcomes

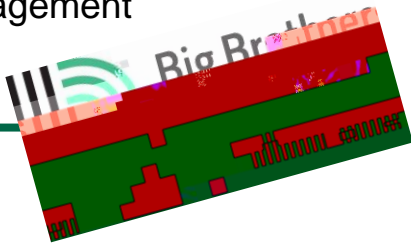
Greater likelihood of contributing to communities

Decrease depression

 Confidence Competence Caring Character

National Programming Utilizing PYD

- Role Modeling
- improved academics
- Increased community engagement



- Strengths-based vocabulary approach
- Role modeling
- Improved community outreach

- Increased employability
- Increased post-secondary education
- Emphasis on accountability

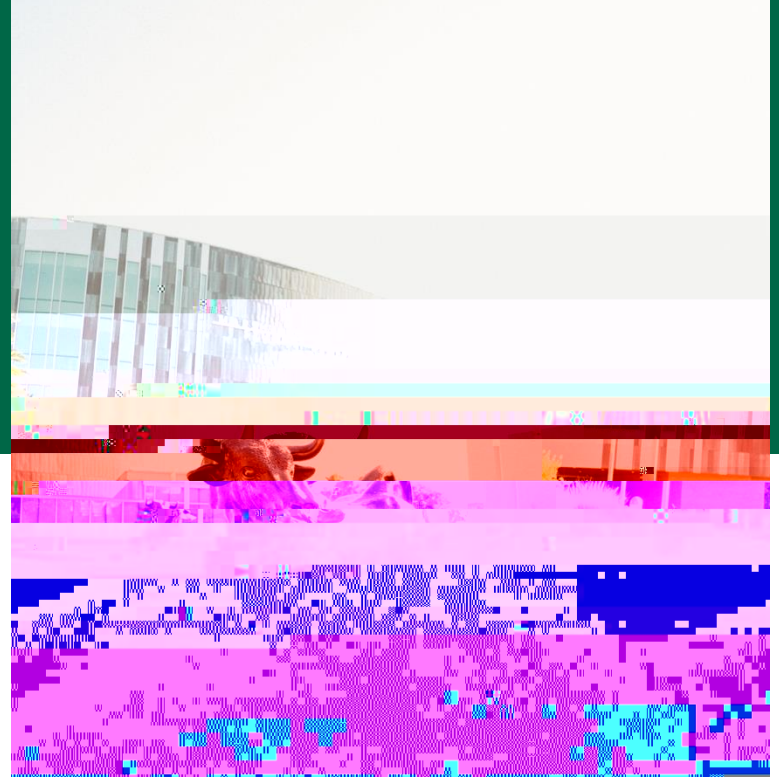




Why PYD for the CINS/FINS Program? The PYD framework aligns

Research Questions

1. To assess the degree in which constructs of the Positive Youth Development Theory (PYD) are currently being developed within the CINS/FINS residential and outpatient counseling program
2. To assess the degree to which PYD may be an appropriate framework for the CINS/FINS program
3. To understand the perceptions of Hillsborough County CINS/FINS therapists and staff regarding the implementation of PYD concepts into their current programming



Study Methods

Selection of Participants

Participants were identified based on their employment with

CINS/FINS program

Treatment counselors, clinical supervisors and clinical director

Recruited via email to take part in an individual interview, either in-person or via telephone

Eligibility criteria included staff who were english speakers and were actively involved in the CINS/FINS program

Residential

Outpatient

Data Collection & Data Analysis

October 2019 - February 2020

10 interviews conducted by researchers with CINS/FINS

Our sample consisted of 7 treatment counselors, 2 clinical supervisors, and 1 clinical director

10 interviews were transcribed

All 10 interviews coded independently using a universal codebook to assess common themes

ment program?

upon entering the CINS/EINS output
(Confidence)

sessions? (Competence)

How would you describe the type of relationships that

Interviewer

term members? (Connected)

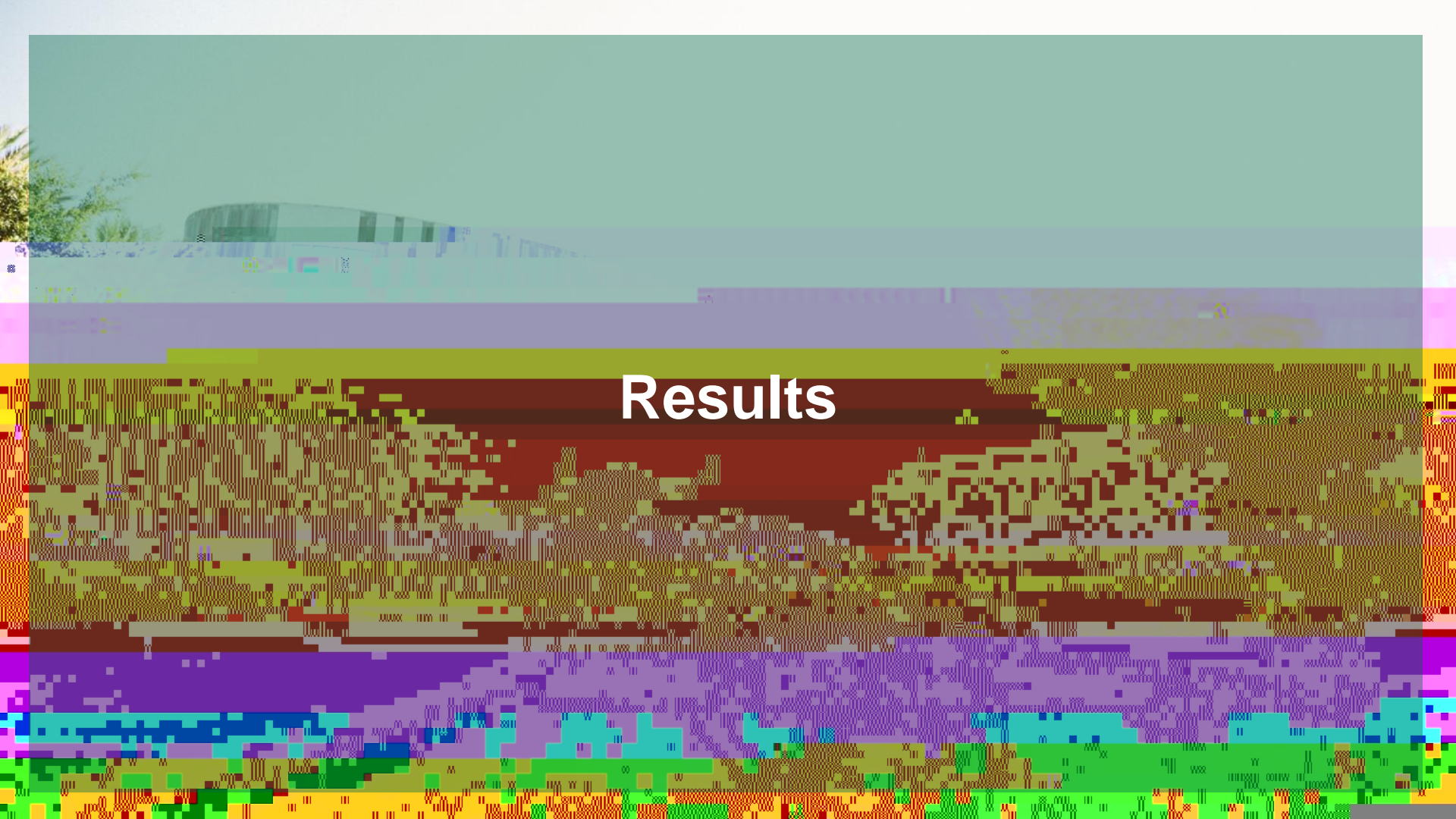
troubleshooting?

Do you feel you are able to

able to

Do you feel you are entering the program

social norms? (Connected)



Results

Study Findings

Treatment populations and Demographics

Primarily consists of families of low SES

-income families. So

Children and adolescents ages 6-17 that live in Hillsborough County

Common Presenting Problems

Truancy

Divorce, parental conflict, families in crisis

Mental health issues

Most commonly noted: Anxiety, depression, ADHD, substance use

Study Findings

The analysis resulted in **9 themes**

These themes revealed key concepts of PYD in current CINS/FINS programming

Connection - Positive interpersonal relationships & parental involvement

Mistrust immediate family

Lack of meaningful family relationships

Parenting Skills

Character: Respect for societal and cultural norms, Integrity

Youth can determine right from wrong in terms of cultural/societal norms



Minimize negative behaviors



Ideal Characteristics To Be Developed

Increased confidence

really believe if they are confident and have high self esteem and they are aware of their abilities and talents and traits, they are able to flourish

Barriers to Treatment

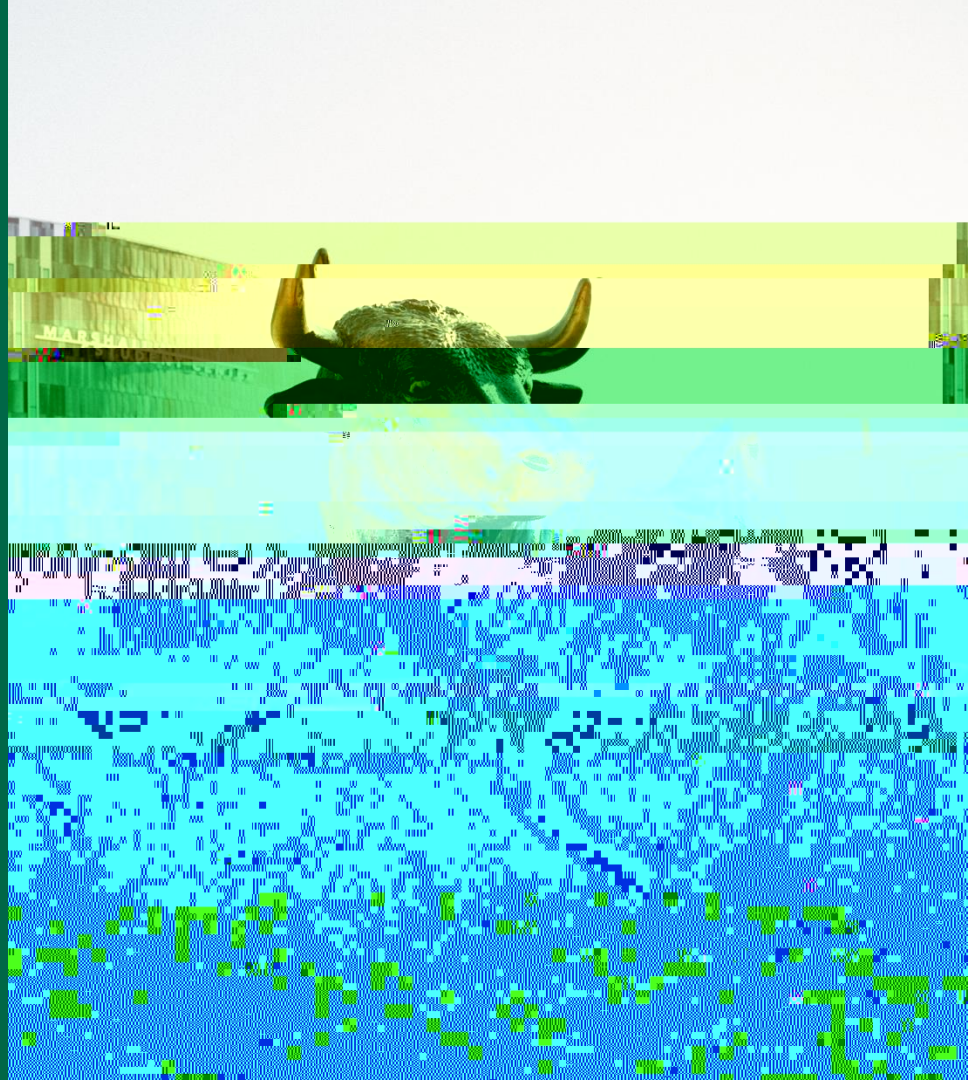
Transportation

Family availability

Length of programming

Non-compliance

Discussion



Discussion

Is Positive Youth Development theory ()-7PPoDr CINS/FINS programm ng?
Population

Strengths & Limitations

Suggested population for PYD fits
CINS/FINS

to treatment outcomes in CINS/FINS

Sample included all staff members directly
serving CINS/FINS youth

Qualitative interviews allowed unique staff
perspective on programming

Scheduling interviews can be time
consuming

Interventions not currently in CINS/FINS
programming such as community outreach
and skill-building activities that could not be
measured

More literature needed on implementing
PYD programming in a therapy-based
program

Implications for Further Research

Increasing programming that is strengths-based can address both negative behaviors and encourage positive youth development

Programs adapting to strength-based perspectives; PYD may serve as a framework

Identifying programming that may adopt PYD as a framework may better serve future at-risk youth

Further research may indicate how therapy-based programs may adopt PYD without compromising therapeutic outcomes

Slow implementation PYD into CINS/FINS may

Questions?