

# Youth Services Integration: A Formative Evaluation of a Pediatric Primary Care and Behavioral Health (PC/BH) Integration Program

## Community Partners

Tracy Kaly

Ed Monti

## Institute Scholars

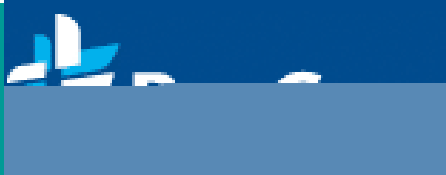
Jessica Koelsch

Bailey Thompson

Jessica Vazquez

## Academic Mentor

Dr. Kathleen Moore



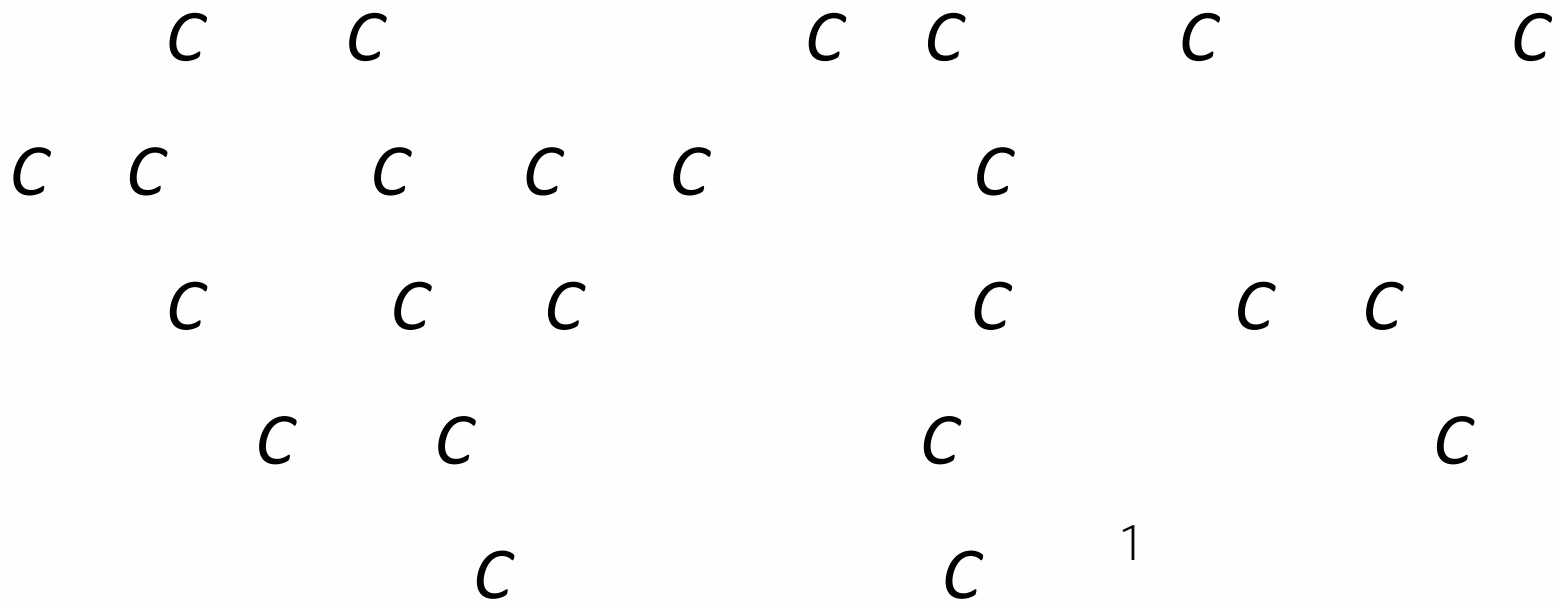
Overview of PC/BH integration

Purpose and methodology

Main findings (quantitative and qualitative)

Recommendations for program improvement

Implications for Adolescent Behavioral Health



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Increase access to BH care

Increase monitoring/maintenance of BH issues

Reduce stigma

Increase recognition of BH issues by PC

Leads to positive outcomes<sup>2</sup>

# Pediatric

## Youth and BH disorders:

More than half of all BH disorders appear by age 14<sup>4</sup>

8-10 year delay from symptom onset to intervention<sup>5</sup>

20% of youth have diagnosable BH disorder<sup>6</sup>

Only 20% receive care

Almost half prematurely terminate services due to lack of access, transportation, finances, or stigma

4. Kessler RC, Berglund P, Demler O, et al. Lifetime prevalence and age-of-onset distributions of DSM-IV Disorders in the National Comorbidity Survey Replication. *C C* 2005; 62(6): 593-602.
5. Schwarz SW. Adolescent Mental Health in the United States: Facts for Policymakers. Available online at [http://nccp.org/publications/pdf/text\\_878.pdf](http://nccp.org/publications/pdf/text_878.pdf). Accessed March 11, 2014.
6. National Institute for Health Care Management. *C C C C C C C*

## Primary research questions:

1. How does a pediatric PC/BH integration program operate?
2. How can this program be improved based on available research and drivers of implementation?



## Initial Focus:

Adolescent behavioral health screening

Developed database for tracking outcomes

## Expanded Focus:

Children's Integrated Care program

Analysis of available, de-identified client data  
(quantitative)

Key informant interviews (qualitative)

## Screening Data (Adolescent Questionnaire)

Patient Health Questionnaire for Adolescents (PHQ-A)

Spence Children's Anxiety Scale (SCAS)

CRAFFT (Alcohol and Other Drug Screening)

## Program Client Data

Age

Gender

Appointment Status

Diagnosis

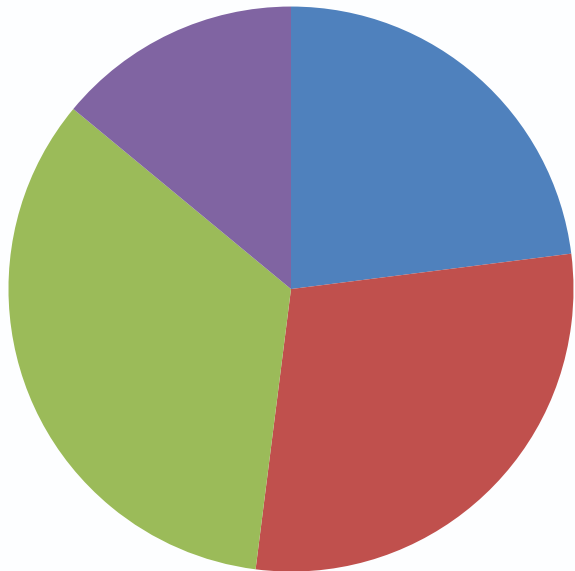
Date of Referral

Date of 1<sup>st</sup> Appointment





## Clients Referred by Age and Gender



■ Female Children    ■ Male Children  
■ Female Adolescents    ■ Male Adolescents

Total clients referred = 783

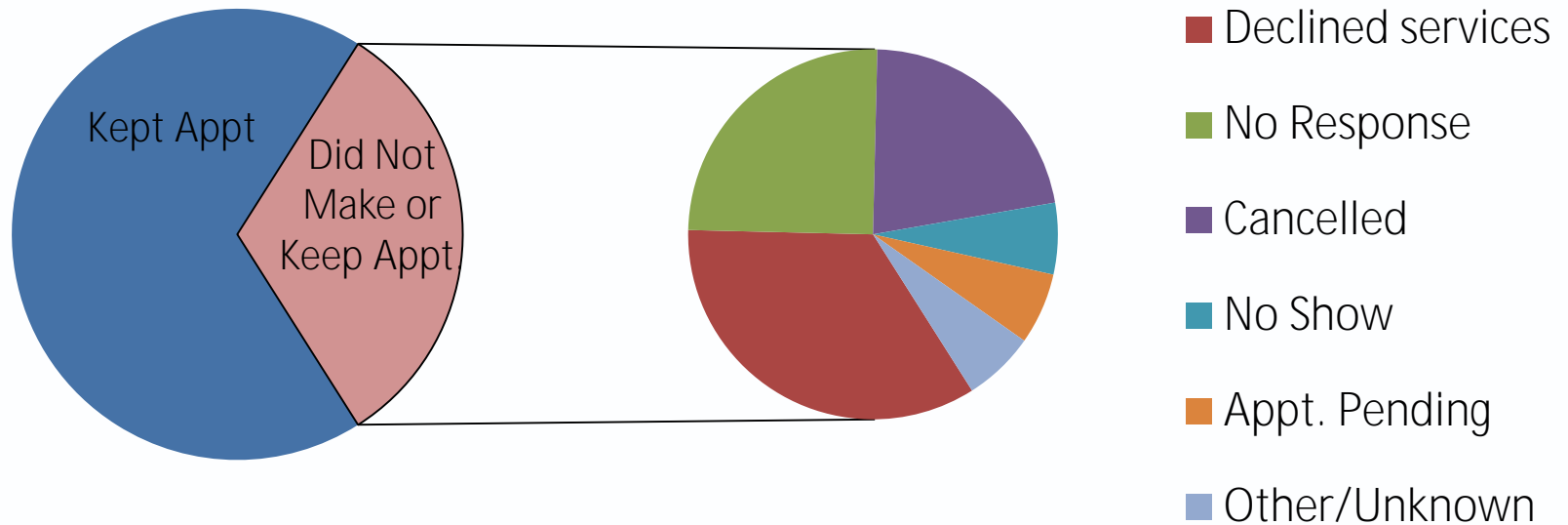
### Age Distribution:

- 52% children (<12 years of age)
- 48% adolescents (12-20 years of age)

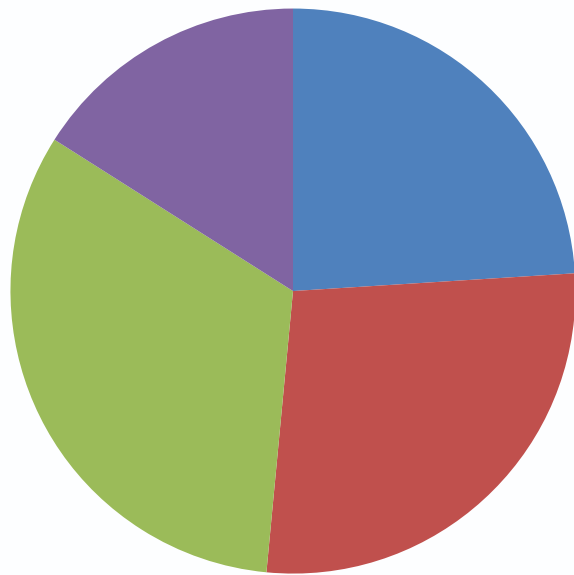
### Gender Distribution:

- 57% Female
- 43% Male

## Clients Referred by Appointment (Appt.) Status



Clients Served by Age and Gender



■ Female Children    ■ Male Children  
■ Female Adolescents    ■ Male Adolescents

Total clients served = 532 (68%)

Age Distribution:

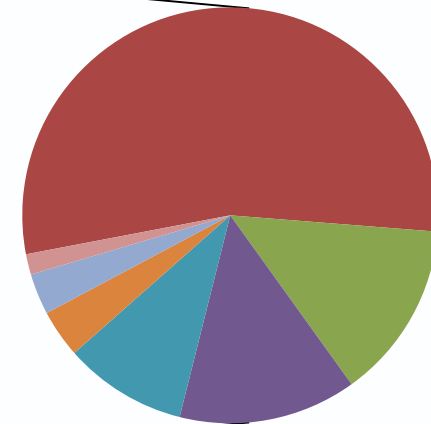
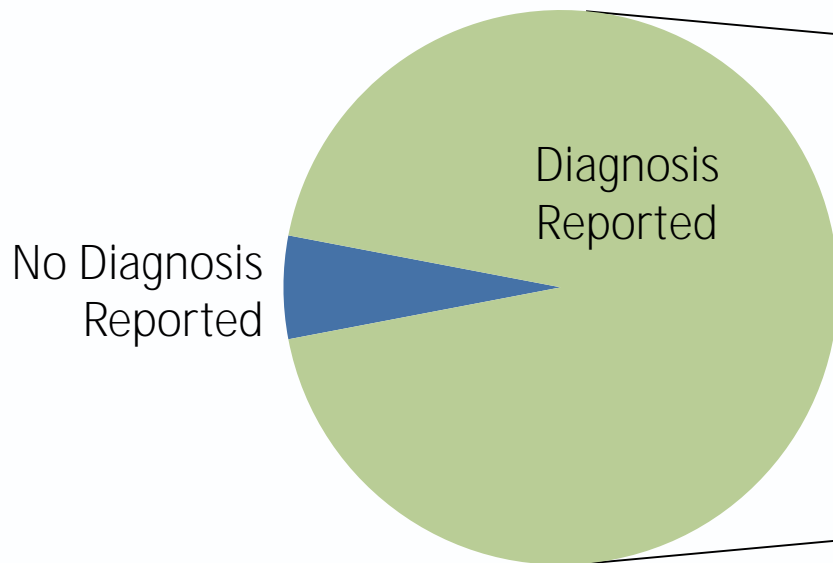
- 51% children
- 49% adolescents

Gender Distribution:

- 57% Female
- 43% Male

Average wait time for appt. ( 624) is 19.21 days ( = 19.21; = 13.4)

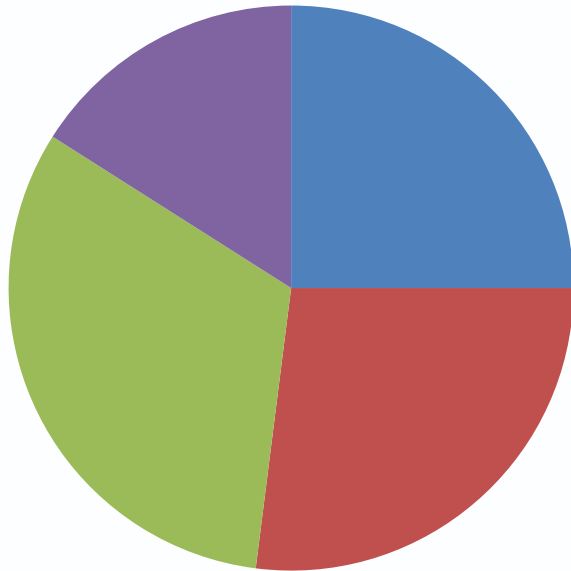
## Clients Served by Diagnostic Status



### DSM 5 Diagnostic Categories

- Trauma- and Stressor-Related
- Depressive
- Neurodevelopmental
- Anxiety
- Bipolar and Related
- Obsessive-Compulsive and Related
- Disruptive, Impulse Control and Conduct

Diagnosed Clients by Age and Gender



■ Female Children      ■ Male Children  
■ Female Adolescents   ■ Male Adolescents

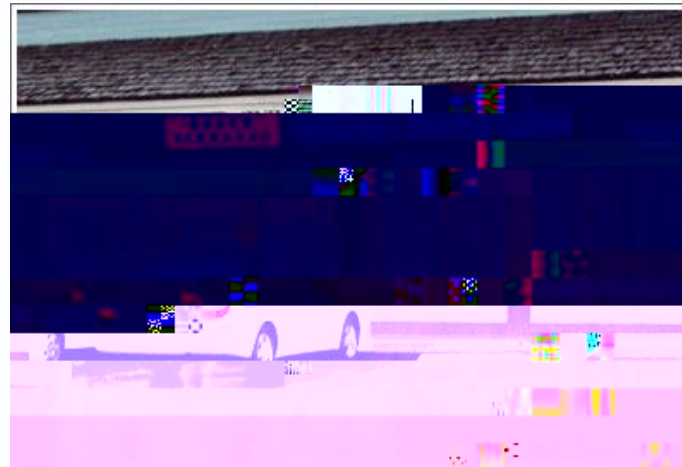
Total clients diagnosed = 502 (94%)

Age Distribution:

- 52% children
- 48% adolescents

Gender Distribution:

- 57% Female
- 43% Male







Audio recorded interviews

Transcribed

Assessed for categories and themes

## BayCare Behavioral Health

2 Administrative Staff

1 Primary Therapist

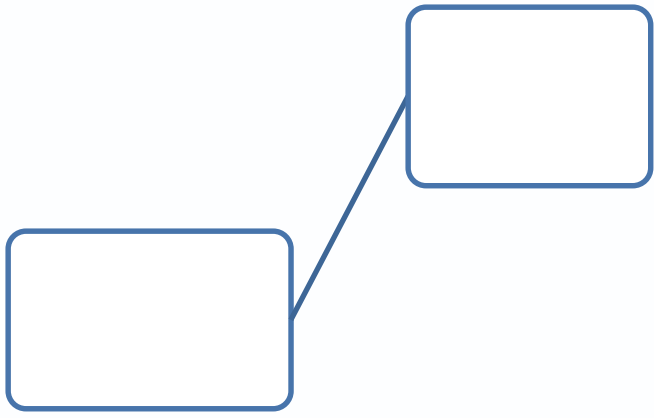
1 Office Manager

## North Pinellas Children's Medical Center

2 Physicians

1 Care Coordinator

2 Triage Nurses







# Referral Process:

## Referral Specialist

Receives:

First, Last Name

DOB

Insurance Verification

Calls parent to give provider contact information

Choose from designated list of providers based on:

Insurance, Doctor's preference, Specialty, and Access

The Office Manager at BayCare Behavioral Health receives referral

Retrieves and enters patient data, contacts parent, and sets up the initial appointment.

Emails/Mails Screening tool

- Pediatric Symptoms Checklist (Patients under 12)

- Adolescent Questionnaire (Patients 12 and up)

# Initial Appointment

Biopsychosocial Assessment

Patient is referred out:

- Psychiatric Evaluation

- Occupational Therapy

- Further Psychoeducational Evaluation

Summarize what is recommended and decide on plan of treatment

Follow up with Primary Care physician



## Topics Covered:

Roles and Responsibilities

Process and Procedures

Implementation Facilitators & Strengths

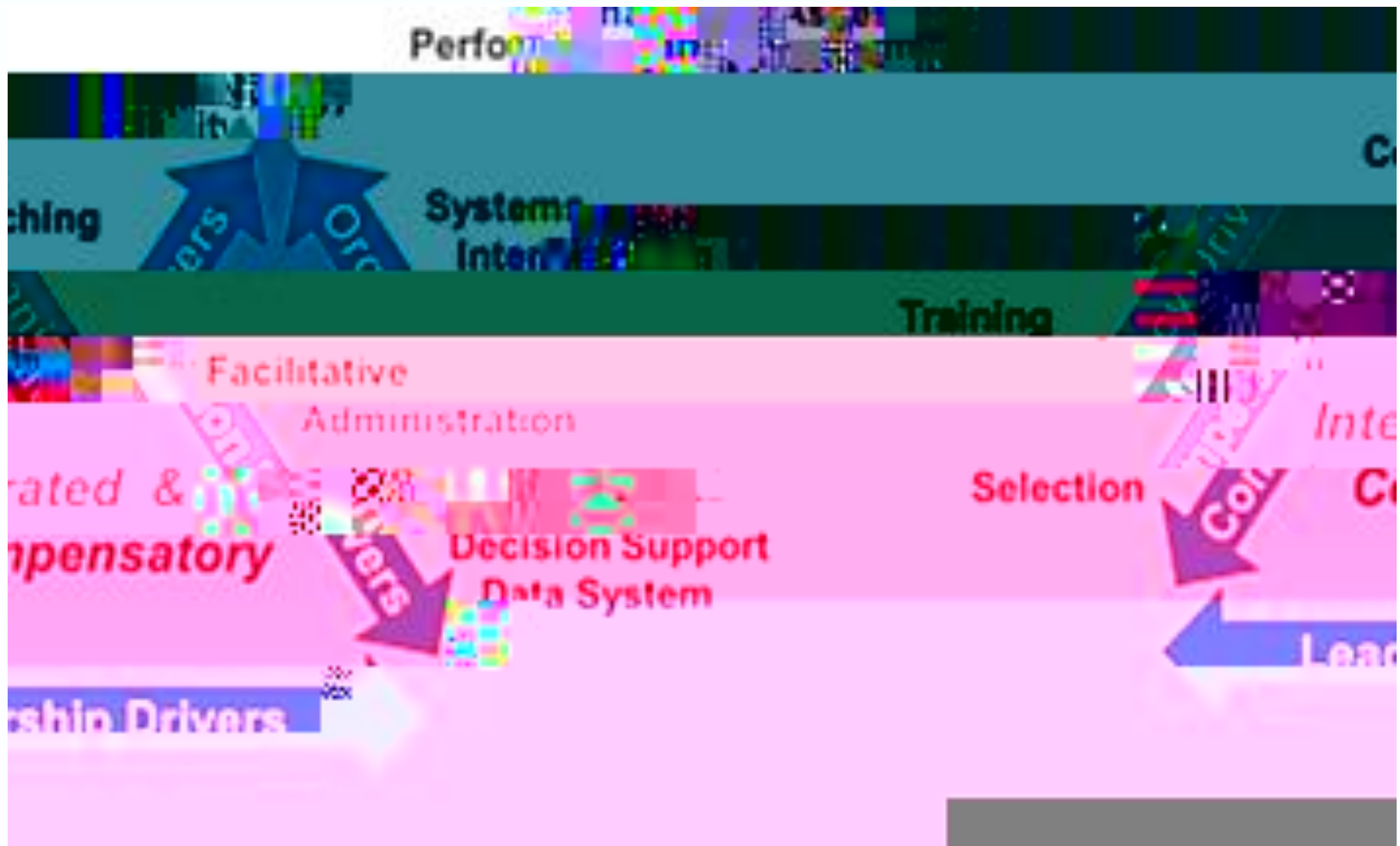
Challenges to Implementation

Suggestions for Program Improvement

Increased accessibility to mental health services

# Physical design/location





Team meetings

Recognition of leaders guiding

Administrative support

Voicing challenges and suggestions



Promoting and hiring within

Identification

Staff training to enhance skill set



Screening of adolescent substance use

Evaluation of integrated care program providing screening and treatment for adolescent substance use

Inclusion of data/reports from outside providers

Increase dissemination of pediatric PC/BH integration practices

Review of federal/state policy

- Health Information Technology (HIT) practices

- Billing for integrated services

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Ed Monti, Ambulatory Care Director  
Tracy Kaly, Program Manager

BayCare Behavioral Health Team

North Pinellas Children's Medical Center Team

Key Informants

Institute for Translational Research

Special Thank You:

Joy Toscani

Melissa Richards

Kathleen Moore

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