

Food Insecurity is Related to Abdominal Obesity: Evidence from National Health and Nutrition Examination Survey (NHANES) 2017-2018

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Backgrounds

Food insecurity is associated with a higher Body Mass Index (BMI).

Using BMI to assess obesity has limitations because it fails to measure body fat distribution.

Metabolic consequences of obesity are more strongly associated with visceral adiposity than general adiposity.

The association between food insecurity and abdominal obesity [Waist Circumference (WC) and waist-to-hip ratio (WHR)] is not well understood.

Contact Information

