

VANESSA PANAITTE

Research Service
Tampa VA Medical Center
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CURRENT EMPLOYMENT & APPOINTMENTS

2022-Present

PEER-REVIEWED PUBLICATIONS

1. **Panaite, V.**, Devendorf, A.R., Finch, D., Bouayad, L., Luther, S.L., Schultz, S.K. (accepted). The value of extracting clinician-

17. O'Leary, K., Small, B., **Panaite, V.**, Bylsma, L.M., & Rottenberg, J. (2016). Sleep quality in healthy and mood-disordered persons predicts daily life emotional reactivity.

Agricultural Pilot Program: The Veterans Affairs Farming and Recovery Mental Health Services (VA FARMS) Program.

INVITED CHAPTERS

Panaite, V. & Bylsma, M.L. (2012). Alexithymia. In V.S. Ramachandran (Ed), *The Encyclopedia of Human Behavior, 2nd Ed.* Oxford: Elsevier.

Bylsma, L. M. & **Panaite, V.** (2012). Depression. In *Oxford Bibliographies Online: Psychology*. ScholarOne Books.

INVITED TALKS & PAPER PRESENTATIONS

Tong, B., Miller, R.H., Devendorf, A.R., **Panaite, V.**, Rottenberg, J., & Karver, M. (2021, April). *Not the End: Long-Term Optimal Well-being (OWB) Among People who Attempted Suicide and Survived*. Paper presented at the American Association of Suicidology, Orlando, Florida.

Brown, R., Cotner, B., & **Panaite, V.** (2018, April). *Career Development Award Journey*. Presented to the Tampa VA Investigators and Staff, Research Service, Tampa VA Medical CenT ss (nd s ri/TT1skd(fj)2 (Tfr (

- Whittington, A., **Panaite, V.**, O'Leary, K., & Rottenberg, J. (2015, May). *The role of perceived stress and rumination in the link between child abuse and depression*. Poster presented at the Association for Psychological Science 27th Annual Convention, San Francisco, CA.
- Panaite, V.**, Bylsma, L.M., Cowden Hindash, A., Salomon, K., & Rottenberg, J. (2014, May). *Respiratory sinus arrhythmia reactivity to a sad film and a speech stressor predicts depression symptom improvement over 30 weeks*. Poster presented at the Association for Psychological Science 26th Annual Convention, San Francisco, CA.
- O'Leary, K., **Panaite, V.**, Bylsma, L.M., & Rottenberg, J. (2014, May). *Sleep quality and emotional reactivity to daily events in depression*. Poster presented at the Association for Psychological Science 26th Annual Convention, San Francisco, CA.
- Bylsma, L.M., **Panaite, V.**, Salomon, K., & Rottenberg, J. (2014, April). *Self-reported emotion regulation in current and remitted depression and relationship to symptom change over six months*. Poster presented at the inaugural conference of the Society for Affective Sciences (SAS), Bethesda, Maryland.
- Labouliere, C. D., Bylsma, L.M., **Panaite, V.**, Salomon, K., & Rottenberg, J. (2013, October). *Difficulties in emotion regulation*

- Zyzanski, S.J., Tyler, C.V., **Panaite, V.**, Conway, J.L., Ford, D.B., Powell, B.L., Smolak, M.J., Snyder, S.M., Young, C.W. (2009, November). *A brief office-based intervention to optimize calcium intake in adult women*. Paper presentation at the NAPCRG International Meeting, Montreal, QC, Canada.
- Werner, J.J., **Panaite, V.**, Marsh, S., & Zyzanski, S.J. (2008, June). *Substance abuse screening prior to prescription of opiate medications*. Poster presented at the AAFP Convocation of Practices and Networks Colorado Springs, CO.
- Goodman, K., Krug, L., Miklowski, C., **Panaite, V.**, & Zyzanski, S.J. (2008, April). *Effect of video patient education on health maintenance knowledge*. Poster presented at the Ohio Academy of Family Physicians Symposium on Research Education. Newark, OH. (Won the award for best poster).
- Ashby, K., Cadesky, A., Zyzanski, S.J., & **Panaite, V.** (2007, October). *Family Medicine/OB GYN Case-Based Women's Health Conferences: Learning from Each Other*. Paper presentation at the STFM Northeast Region Meeting, Pittsburgh, PA.
- Panaite, V.**, Fabritius, J., You, D.S., Stines, L.R., Zoellner, L., & Feeny, N.C. (2006, November). *Comorbidity of PTSD with Axis I and Axis II disorders among female assault survivors*. Poster presented at the International Society for Traumatic Stress Studies 22nd Annual Meeting. Los Angeles, CA.
- You, D.S., **Panaite, V.**, Fabritius, J., Stines, L.R., & Feeny, N.C. (2006, November). *Parent and child agreement for child's posttraumatic stress disorder symptoms*. Poster presented at the International Society for Traumatic Stress Studies 22nd Annual Meeting. Los Angeles, CA.
- Fabritius, J., You, D.S., **Panaite, V.**, Stines, L.R., & Feeny, N.C. (2006, November). *Parental psychopathology and family factors relating to child PTSD*. Poster presented at the International Society for Traumatic Stress Studies 22nd Annual Meeting. Los Angeles, CA.

SERVICE ACTIVITIES

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| 2021 | Reviewer for American Medical Informatics Association (AMIA) 2021 Annual Symposium |
| 2020-2021 | Committee Co-Chair for |

Depression Research Center

Dissertation: A cross-methodological investigation of emotional reactivity in major depression.

Emphasis: Trained undergraduate research assistants to perform phone diagnostic screening. Trained and supervised three advanced graduate students in the clinical psychology program to perform, score, and interpret clinical structured interviews for clinical research.

2009-2013

Lab/Project Manager/Data Analyst

Mood and Emotion Lab, Department of Psychology, University of South Florida, Tampa, FL

Project Title: Biobehavioral inflexibility and risk for juvenile onset depression

PI: Jonathan Rottenberg, Ph.D.

Emphasis: Trained and supervised over 30 graduate and undergraduate research assistants to code emotional expressive behaviors by applying an adaptation of Emotional Behavior Coding System (Gross & Levenson, 1993) and ethically engage in other research related activities (data collection, data screening).

Clinical Supervision

2013-2014

Psychological Services Center, Department of Psychology, University of South Florida, Tampa, FL

Supervisors: Lora Thompson, Ph.D., Steffanie Sperry, Ph.D.

Role: Peer supervisor

Population: adults

Emphasis: Provided co-supervision for individual cognitive-behavioral therapy (and related therapeutic techniques) with outpatient adult clients with a focus on behavioral health, wellness, body image, and eating disorders.

CLINICAL TRAINING

2022-2023

James A. Haley VA Medical Center, Tampa, FL

Role: Primary Care Clinical Psychologist

Location: Women's Center Primary Care Mental Health Integration

Clinical Supervisor: Kelly White, Ph.D.

Emphasis: Mental health triage and brief individual cognitive and behavioral psychotherapy with veterans with a wide range of behavioral concerns, mood and anxiety disorders.

2019

James A. Haley VA Medical Center, Tampa, FL

Role: Clinical Psychology Resident

Location: Women's Center Primary Care Mental Health Integration

Clinical Supervisor: Rosario Falero, Ph.D.

Emphasis: Mental health triage and brief individual cognitive and behavioral psychotherapy with veterans with a wide range of behavioral concerns, mood and anxiety disorders.

2015-2016

Edward Hines, Jr. VA Hospital, Chicago, IL

Training Director: Caroline Hawk, Ph.D.

Role: Predoctoral Clinical Psychology Intern, General Track

Rotation: Mental Health Clinic (12 months)

Supervisor: Jonathan Sutton, Ph.D.

Emphasis: Individual cognitive and behavioral psychotherapy with veterans with a wide range of psychopathology: mood and anxiety disorders, adjustment disorders, anger, personality disorders, habit control issues, and psychotic disorders.

Rotation: Home Based Primary Care (6 months)

Supervisors: Anne Day, Ph.D.

Emphasis: Interdisciplinary team consultation, psychological and brief cognitive screening, clinical intake assessments, brief psychoeducation, and brief problem-focused and prevention-oriented psychotherapy for mood and anxiety spectrum disorders and behavioral health.

Rotation: Mental Health Service Line Intake Center (6 months)

Supervisor: Jeffrey Sieracki, Ph.D.

Emphasis: Biopsychosocial assessment of veterans seeking mental health services at Hines VA Hospital. Emergent/urgent evaluation, diagnostic evaluations, treatment, and referral to a specific program or specialty clinic. Assessment of need for hospitalization, including involuntary hospitalization. Emergent/urgent consultations to the emergency room, medical and surgical clinics, and other outpatient clinics.

Rotation: Clinical Training (6 months)

Supervisor: Caroline Hawk, Ph.D.

Emphasis: Administrative rotation focused on program development. Primary focus of this rotation in the context of my training was to revise and enhance the Research Rotation to better fit the development of research psychologists within the VA. Having a well-developed research rotation will better prepare competitive interns to become competitive MIRECC fellows and provide a well-rounded experience to ensure retention of well-prepared research psychologists in the VA system.

2015

Alcohol Research & Treatment Lab, Department of Psychology, University of South Florida, Tampa, FL

Supervisor: Robert C. Schlauch, Ph.D.

Role: Diagnostic Assessor - Clinical Research

Population: adults (18-65)

Emphasis: Conducted semi-structured clinical interviews (MINI.7 for DSM5 and ICD10) to assess a range of mental disorders and identify potential community adults with alcohol use disorder participating in NIH funded study “*Ambivalence Model of Craving: Re-examining the craving-drinking relationship*”. Trained and supervised research assistants conducting telephone eligibility interviews and suicide assessments of potential participants recruited from the community.

2014-2015

Mood and Emotion Lab, Department of Psychology, University of South Florida, Tampa, FL

Supervisor: Jonathan Rottenberg, Ph.D.

Role: Diagnostic Assessor - Clinical Research

Population: adults (18-65)

Emphasis: Semi-structured clinical interviews (SCID-I/P) to assess a range of mental disorders and identify potential community adults participating in my dissertation study on major depressive disorder. Provide consultation and training to graduate students in administration and interpretation of SCID-I/P. Trained and supervised research assistants conducting telephone eligibility interviews and suicide assessments of potential participants recruited from the community.

- 2012-2013 **USF-Counseling Center, University of South Florida, Tampa, FL**
Supervisor: Jill Langer, Ph.D. & Chasma Mathis, M.A.
Role: Therapist
Population: college students
Emphasis: Clinical intake assessment and individual cognitive-behavioral and interpersonal therapy (and related therapeutic techniques) with outpatient emerging adult college students, with a focus on integrative therapy from a diversity perspective.
- 2011-2013 **Rothman Center for Pediatric Neuroscience, All Children's Hospital, St. Petersburg, FL**
Supervisor: Michael Sulkowski, Ph.D., Cary Jordan, Ph.D., Betty Horng, Ph.D.
Role: Therapist
Population: children, adolescents, adults (7-65)
Emphasis: Cognitive and Behavioral Therapies for OCD, Social Anxiety, GAD, Depression, Developmental Disorders, Body Dysmorphic Disorder, Skin Picking, Hoarding, individual weekly and intensive daily psychotherapy
- 2010-2013 **Psychological Services Center, Department of Psychology, University of South Florida, Tampa, FL**
Supervisor: James Epps, Ph.D., Ellis Gesten, Ph.D., Jack Darkes, Ph.D.
Role: Therapist
Population: adults
Emphasis: Clinical intake assessment and individual cognitive-behavioral therapy (and related therapeutic techniques) with outpatient adult clients with a range of mood, anxiety, and behavioral disorders.
- 2009-2010 **Mood and Emotion Lab, Department of Psychology, University of South Florida, Tampa, FL**
Supervisor: Jonathan Rottenberg, PhD & Beth Morris, M.A.
Role: Diagnostic Assessor - Clinical Research
Population: adults 18-65 recruited from the community for NIH-funded research
Emphasis: Structured clinical interviewing, diagnostic and symptom assessment
- 2005 **Health Psychology, Department of Psychology, Case Western Reserve University, Cleveland, OH**
Supervisor: Carolyn Landis, Ph.D.
Role: Practicum Intern
Population: hospitalized children
Emphasis: Aided Child Life Specialist in the implementation of activities. Interacted with children and fostered positive attitude and coping. Conducted naturalistic observations and recorded behavior of hospitalized children and adolescents. Manuscript write-up on psychological effects of hospitalization and illness on mood and coping mechanisms and the differences among age groups
- 2004 **Grief Counseling Department, Cuyahoga County Coroner's Office, Cleveland, OH**
Supervisor: Sandra A. Caramela-Miller, Ph.D.
Role: Clinical Intern
Population: adults suffering sudden loss

Emphasis: Transcribed and documented therapy sessions with clients presenting primarily with trauma/grief following sudden traumatic loss.

2003

Child Psychology, Department of Psychology, Case Western Reserve University,
Cleveland, OH

Supervisor: Elizabeth Short, Ph.D.

Role: Practicum Student

Population: children ages 3-7

Emphasis: Conducted naturalistic observations and recorded behavior of toddlers in childcare setting. Fostered positive attitude and behavior change through play and by modeling and reinforcing appropriate behavior.

PROFESSIONAL MEMBERSHIPS

Association for Psychological Science

Phi Theta Kappa International Honor Society

Psi Chi Psychology National Honor Society

Society for Affective Science